

## Points of Interest

**Kingsbury** – Lying on the edge of the mediaeval hunting district of Sutton Chase, Kingsbury sits high above the Tame Valley. A Mercian Kings palace once stood on the site of the hall, which today looks out over reclaimed gravel workings, which have been transformed into Kingsbury Water Park

**Kingsbury Water Park** – A popular country park set in 600 landscaped acres alongside the River Tame. There are lakes, streams, woodland and a variety of wildlife. As well as walking along the many footpaths and nature trails; the park is also used for sailing, windsurfing, canoeing, jet bike and model boat clubs - so there is always plenty to watch!

There is ample space for picnics and the Information Centre has a small shop and cafe.

**For further information telephone: 01827 872660**

**Maxstoke Castle** – Dating from the 14th Century, this moat surrounded castle was constructed by William de Clinton, Earl of Huntingdon. It was remodelled after 1440 by the First Duke of Buckingham. In 1589, it passed to Sir Thomas Dilke, whose family still owns Maxstoke Castle today.

**Fillongley** – A village which is popular with cyclists because its fields and tracks offer wide open views over undulating countryside. At one time Fillongley boasted two castles and two churches. Both castles were said to be demolished by Oliver Cromwell's men, although some traces remain. The Parish Church still stands in the middle of the village. There is also Fillongley Hall, built in the 19th Century.

## Cycle Shops

### Atherstone Cycle Shop

Long Street, Atherstone 01827 716504

### Pedal Pushers

Market Street, Atherstone 01827 720406

### Gascoigne Brothers

122 High Street, Coleshill 01675 463586

## Safety

- Wear something bright and, if you might not make it home before dark, carry lights.
  - On main roads cycle about 2ft or 600mm from the kerb.
  - Look behind you and signal before making a manoeuvre. Be aware and be alert.
  - On country roads, keep to your own side and don't cycle too fast around bends.
  - Put young children in front where you can keep an eye on them.
  - Cycle helmets are recommended.
  - Make sure your bike is well maintained, with sound tyres and efficient brakes.
  - Carry a cycle repair kit at all times
  - Carry a first aid kit, identification and loose change in case you need to use a public telephone.
  - Ride in single file, particularly on busy roads.
  - Let somebody know your planned route and when you expect to be home.
- Cycle training is available from Warwickshire County Council's Road Safety Section**  
**Tel: 01926 413419**

## Other Rides

This is the fifth in a series of leisure cycle routes. Once you are used to cycling you can use local maps to explore the area and create your own rides.

The Northern Warwickshire Cycleway is a 35 mile signposted route around the Borough. Contact 01827 872660 for further information.

## Cyclists Touring Clubs

### Birmingham & Midland District Association

H. Child: 0121 353 5814

### Coventry & Warwickshire District Cycle Association

Bob Timley: 01203 542676

# Bringing Cycling in North Warwickshire Kingsbury Cycle Route

